



Saint Vital

CATHOLIC CHURCH

Mission- 1861
Parish-1914

Telephone: (204) 453-0933 | **Email:** office@stvitalparish.ca | **Hours:** Monday - Friday 8:00 A.M. - 4:00 P.M.
1629 Pembina Highway • Winnipeg, Manitoba • R3T 2G6 | www.StVitalParish.ca | Stay connected online at StVitalParish.ca

LORD'S DAY MASS TIMES: SATURDAY AT 4:00 PM & SUNDAY AT 9:00 AM, 11:30 AM & 8:00 PM



Strengthen hands that
are feeble, make firm
knees that are weak,
say to the fearful of
heart: Be strong, do
not fear!

ISAIAH 35:3-4

December 11th
2022

3rd Sunday of Advent

SACRAMENT OF BAPTISM:

Please contact Candace at 204-453-0933 ext. 281
or candace@stvitalparish.ca for more information.

SACRAMENT OF RECONCILIATION:

Sundays from 1:00pm-2:00pm OR by appointment

SACRAMENT OF MARRIAGE:

Please contact our priest at the parish office at least 6 months in
advance.

FUNERALS:

Please contact our priest at the parish office prior to making
arrangements with the funeral home.

PASTOR/DIRECTOR

Fr. Mark A. Tarrant ext.285

ST. MAURICE SCHOOL PRINCIPAL

Bryan Doiron ext. 231

FINANCE OFFICE MANAGER

Kim McAuley ext.288

PARISH LIFE COORDINATOR

Candace Anthony ext.281

ADMINISTRATIVE ASSISTANT

Lynne Pelland ext.284

PARISH & CEMETERY CUSTODIAN

Leo Fernandes ext.287

DIRECTOR OF SACRED MUSIC

Danielle Savard



MASS SCHEDULE

SATURDAY, DECEMBER 10TH

4PM † Pietro Aiello
(Shaun & Marina McCaffrey)

SUNDAY, DECEMBER 11TH

9AM † Lorne Ludba
(Gibbons family)
11:30AM † Deceased relatives
(Habon family)
8PM Missa Pro Populo

TUESDAY, DECEMBER 13TH

7PM Intention of CWL

WEDNESDAY, DECEMBER 14TH

11:30AM † Rene Arauz
(Marietta Godoy)

THURSDAY, DECEMBER 15TH

11:30AM † Marcel Joaquin
(the da Costa family)

FRIDAY, DECEMBER 16TH

11:30AM † Janine Benson
(Gerry & Doris Cormier)

Joy: A Sign of God

FR. JOSEPH JUKNIALIS

Once, as I was teaching a theology course to college students in their twenties, I made an offhand comment that the purpose of life is not to be happy. They were shocked. “What’s wrong with being happy?” they protested. “Nothing,” I said, “it’s simply not the purpose of life.” “But God wants us to be happy,” they insisted. Of course, God wants us to be happy, but that’s simply not what life is about.

Happiness is something that comes in the back door while we wait at the front door. If we go looking for happiness, we never find it, but if we forget about ourselves and seek to bring joy into the lives of others, then happiness seems to find us. It comes in the back doors of life. Curiously, that seems to be the dynamic of these Advent/Christmas days. We send cards, give gifts, think of making others happy, and overlook faults. In the process, there is a sense of joy that overtakes us without our realizing it.

The prophet Isaiah proclaimed that it is God who would crown them with everlasting joy; that they would meet with joy and gladness and sorrow and mourning would flee away (Isaiah 35:10). Joy is God’s doing, not ours.

Leon Bloy, a French novelist in the nineteenth century, observed, “Joy is the most infallible sign of the presence of God.” God is love, and God is also joy. Joy is so much more than happiness. Rather it is an inner quality—peaceful, serene, and nurturing—even when life may be unsettled. ●

Reflect

**What brings you joy?
Do something to bring joy
to someone this week.**

Dear Padre,

I struggle with depression, and sometimes it gets really bad during the holidays. When is it morally acceptable to use antidepressant medication?

You are not alone. People who struggle with depression often find the holidays especially difficult. To answer your question, it is morally acceptable to use antidepressant medications when a medical professional judges them to be the best response to the condition of the patient. As we learn more about the causes of depression and other disorders that challenge the sense of equilibrium in people, we hope that the most reliable responses may be found and employed to restore a sense of peace to those suffering from these ailments.

Evaluation and treatment of depression must be done within the context of a person's whole life. Depression often involves a chemical imbalance in the brain, and some people respond quite well to antidepressants. For others, the best treatment might be counseling or psychotherapy. Or both medicine and therapy. As each experience of suffering is unique, so, too, must be the response.

Frequently people will be embarrassed to admit to suffering with depression or consider it a sign of weakness or inability to deal with matters in life. Such thinking is of little help in resolving the issue. People who experience depression need the love and support of family and friends to accompany them in the suffering and to assist in their healing. ●

From Life, Death, and Catholic Medical Choices: 50 Questions from the Pews, © 2011 Liguori Publications



SHUTTERSTOCK

PARISH NEWS

K of C Christmas Button Sale
Weekend of December 10th & 11th

New Sunday Missals
Are available
Cost is \$5.00 each

2023 Offertory Envelopes
Will be available for pickup starting December 10th

Christmas Hampers
We are now beginning to take names for our Christmas hampers
Please contact the parish office

Stewardship of Treasure - Financial Gifts to God
Thank you for your stewardship! December 4th, 2022

Regular Offertory \$ 7968.00

Sharing God's Gifts \$ 211.00

Parish Debt \$ 215.25

Social Justice \$ 272.50

Support Our Annual Sharing God's Gifts Appeal Today!

Here's How You Can Give

GIVE ONLINE:

- PayPal through our parish website www.stvitalparish.ca
- E-transfer to office @stvitalparish.ca

MONTHLY PRE-AUTHORIZED CONTRIBUTION:

- Through our parish—please contact our parish office to enroll
- Archdiocese of Winnipeg—archwinnipeg.ca/donate

CASH OR CHEQUE:

- Using your regular offertory envelopes
- Using a visitor envelope

ARCHDIOCESE OF WINNIPEG MOBILE APP:



St. Vital Parish Sharing God's Gifts 2022 :

Update as of Nov.20, 2022

- Goal for Year 2022 \$53,705.00
- To date we have collected \$28,742.80
- Amount still to be collected \$24,962.20

Sharing God's Gifts Supports

Youth and Faith Formation

Growing in faith is a life journey. A portion of the goal of Sharing God's Gifts is used in nurturing faith among children, youth and adults. Our catechetical office supports training and formation for those involved in children's catechism programs in our parishes. The Office of Youth and Young Adult Ministry offers programs and initiatives that lead our youth to a deeper relationship with Christ and His Church, through programs such as Youth Leader, retreats, workshops and the annual Youth Rally.



A parish to call home! If you are new - WELCOME!
If you have been away - WELCOME HOME!